

Gold Medal Swim Club

TRICK OR TREAT INVITATIONAL

OCTOBER 10-12, 2008

MOSCOW, IDAHO

HELD UNDER SANCTION OF UNITED STATES SWIMMING, INC. AND INLAND EMPIRE SWIMMING, INC.,
SANCTION # IE0826

In granting this sanction, it is understood and agreed that USA Swimming and Inland Empire Swimming shall be free and held harmless from any liabilities or claims of damages arising by reason of injuries to anyone during the conduct of the event

HOST: Gold Medal Swim Club, P.O. Box 8957, Moscow, ID 83843

LOCATION: University of Idaho Swim Center, Moscow, Idaho. Access to the pool for physically impaired persons is available through the University of Idaho's Memorial Gym, which faces the parking lot. Entry to the Swim Center is possible through the tunnel throughout the duration of the meet. Parking is available in the Memorial Gym, Kibbie Dome, and Law School parking lots. Please plan to visit the University of Idaho Visitor Center prior to the start of the meet for a free parking permit for Friday night.

FORMAT: Timed finals, split meet format.
Friday evening: all swimmers
Morning sessions: swimmers 8 & under, 9-10, and boys 11-12
Afternoon sessions: swimmers 13-14, 15 & over, and girls 11-12

COURSE: Indoor, 8 lane, 25 yard pool equipped with eight starting blocks, backstroke flags, anti-wave lane lines and electronic timing using the Daktronics Timing System with a full 8 lane scoreboard. Separate 4 lane warm up/down pool. Starting blocks meet USA Swimming 2008 height and water depth requirements. Touch pads will be installed at both ends of the pool so that 25 yard events will use the starting blocks. Swimmers will start from the deck surface at the turn end for 100 yard relays. Deck marshals will be present for warm-ups.

RULES: Current USA Swimming rules will govern. The rules and procedures of Inland Empire Swimming will also apply. The referees of the meet shall be the final authority for the conduct of the competition. Coaches must be registered with USA Swimming for 2008 or 2009. Proof of coaching certification must be produced on request at any time to the meet referees. The whistle starting protocol and no recall false start procedures will be in effect. Only swimmers, coaches, officials, and meet workers will be permitted in the deck area. Spectators will not be allowed in the deck area without proof of current USA Swimming membership. The deck area is considered to be a 3 foot area from the edge of the pool, the area behind the starting blocks to the timer chairs, and the area between the competition pool and the warm-up pool.

AWARDS: A participation award will be given to every swimmer entered in the meet. Ribbons will be awarded for first through eighth place in individual 'A' events, first through third in relay events, and first through eighth in individual 'B' events. Open events will be scored and ribbons awarded first through eighth place. High point awards will be awarded for the 'A' division in each age group for males and females. 'A' certificates will be awarded to swimmers earning Inland Empire 'A' times at the meet. Plaques will be awarded to the top three teams in the 'A' division. Swimmers will place and score in the division entered.

All 10 and under events will be scored and awarded as 10 and under with points counting toward high point awards in the athlete's age group. The 12 and under 500 free will be scored and awarded as 10 and under and as 11-12 for both girls and boys for 'A' and 'B' divisions.

The 13 and over 1650 free will be scored and awarded as 13-14 and 15 and over for both girls and boys with no A/B distinction. Relays will be scored to 8 places.

ELIGIBILITY: Open to currently registered (2008 or 2009) USA Swimming athletes. Registration numbers must be included with entries. Age on the first day of the meet determines the age group to enter. Each swimmer must compete in his/her respective age group. Athletes with a disability are welcome and are asked to provide advanced notice of necessary accommodations.

ENTRIES: Swimmers may enter one relay and a maximum of five individual events per day. 'A' and 'B' events will be combined and scored separately. The A/B distinction will be waived for the relay events, the open events, the 15 & over age group, and the 13-14 1650 free. Swimmers may enter an open event as well as the same distance and stroke for their age group (e.g.: 100 IM, 50 Back, Breast and Fly).

Entries will be limited to the 450th swimmer and his/her team. Enter swimmer's best yard times. 'No time' or 'NT' will be accepted for those swimmers who do not have a previous time. Entries may be submitted on 3 1/2" diskettes with Team Manager (Hy-Tek) software. Please include the Team Manager 'Meet Entry' report or the enclosed Entry Fee Tabulation summary. Entries must include current (2008 or 2009) USA Swimming numbers. If not submitting entries via Team Manager software, a generic master entry form can be found on the Inland Empire Swimming website, www.ieswim.org

Email entries may be sent to rbroyles@idahovandals.com. Please email the following attachments:

- 1) Commlink entry file from Team Manager
- 2) Print to file (word format) of team individual events
- 3) Print to file (word format) of team relay events
- 4) Print to file (word format) of entry fees due.

Entries must be received by **Wednesday, October 1, 2008.** Phone entries and late entries will not be accepted. Priority deadline for Inland Empire Teams is Wednesday September 24, 2008.

The USA Swimming SWIMS database requires that ALL swimmer data be correct before any meet data (swimmers times) will be loaded into the USA Swimming database. If you know of any swimmer data that is not correct in the meet database, please notify the meet referee as soon as possible. The appropriate changes will be made. The data will be sent to USA Swimming within 3 days of the end of the meet. Thanks for your cooperation.

ENTRY FEES: Entry fees are two dollars and twenty five cents (\$2.25) for each individual event and nine dollars (\$9.00) for each relay event plus a \$10.00 per swimmer surcharge. Fees and surcharges for each team must be paid with one check and accompany entries. Please make the check payable to the **Gold Medal Swim Club** and address entries to:

**Gold Medal Swim Club
c/o Robert Broyles
P.O. Box 8957
Moscow, ID 83843**

SCHEDULE: Friday evening, session 1
4:30-5:15 PM: open warm-up
5:30 PM: events begin

Saturday, session 2 and Sunday, session 4 - 8 & under, 9-10, and boys 11-12
7:30-8:00 AM: open warm-up
8:00-8:20 AM: lanes 2 & 7 sprint lanes only
8:30 AM: events begin

Saturday, session 3 and Sunday session 5 - 13-14, 15 & over, and girls 11-12
Warm-up begins immediately following session 2 or 4.
Events begin one hour after end of session 2 or 4.

Lane assignments for warm-ups will be posted. Diving is permitted in designated sprint lanes only and only under direct supervision of a coach. Swimmers participating in the meet without a USA Swimming registered coach must report to the meet referee at the start of the warm-up session. Deck marshals will be present during warm-ups.

OFFICIALS: Meet Director: Dan Lawson (208) 885-0268, dlawson@uidaho.edu
Meet Referee: Robert Broyles (208-882-3716, 208-882-0392, rbroyles@idahovandals.com)
Head Starter: David Drown
Head Stroke & Turn: Brian Johnson, Suzanne Planck

All visiting USA-S certified officials are welcome and encouraged to help at the meet! . Please bring current certification and USA Swimming registration cards; to be verified by the meet referee before deck assignments are made.

TIMERS: Help from visiting teams will be greatly appreciated!

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Friday, October 10, 2008

Session One, begins at 5:30 PM, Friday

Event #	Age	Event	"A" QT	Event #	Age	Event	"A" QT
1	G 10 & U	200 IM	3:18.00	9	G Open	100 IM	
2	B 10 & U	200 IM	3:18.00	10	B Open	100 IM	
3	G 11 & 12	200 IM	2:50.00	11	G 10 & U/11-12	500 Free	7:30.00/6:30.00
4	B 11 & 12	200 IM	2:50.00	12	B 10 & U/11-12	500 Free	7:30.00/6:30.00
5	G 13 & 14	400 IM	2:36.00	13	G 13 & 14	500 Free	6:10.00
6	B 13 & 14	400 IM	2:32.00	14	B 13 & 14	500 Free	6:00.00
7	G 15 & O	400 IM		15	G 15 & O	500 Free	
8	B 15 & O	400 IM		16	B 15 & O	500 Free	

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TRICK OR TREAT INVITATIONAL

Saturday, October 11, 2008

Session Two, begins at 8:30 AM, Saturday

Event #	Age	Event	"A" QT	Event #	Age	Event	"A" QT
17	G 10 & U	200 Free	2:52.00	30	G 8 & U	50 Breast	1:00.00
18	B 10 & U	200 Free	2:52.00	31	B 8 & U	50 Breast	1:00.00
19	B 11 & 12	200 Free	2:28.00	32	G 9 - 10	100 Breast	1:44.00
20	G 8 & U	100 Medley Relay		33	B 9 - 10	100 Breast	1:44.00
21	B 8 & U	100 Medley Relay		34	B 11 - 12	100 Breast	1:30.00
22	G 9 & 10	200 Medley Relay		35	G 8 & U	25 Back	25.50
23	B 9 & 10	200 Medley Relay		36	B 8 & U	25 Back	25.50
24	B 11 & 12	200 Medley Relay		37	G 9 - 10	50 Back	42.00
25	G 8 & U	25 Fly	25.50	38	B 9 - 10	50 Back	42.00
26	B 8 & U	25 Fly	25.50	39	B 11 - 12	50 Back	37.00
27	G 9 - 10	50 Fly	42.00	40	G 8 & U	50 Free	46.00
28	B 9 - 10	50 Fly	42.00	41	B 8 & U	50 Free	46.00

29	B 11 - 12	50 Fly	36.00	42	G 9 - 10	100 Free	1:20.00
				43	B 9 - 10	100 Free	1:20.00
				44	B 11 - 12	100 Free	1:09.00

Session Three, begins 1 hour after end of Session Two, Saturday

Event #	Age	Event	"A" QT	Event #	Age	Event	"A" QT
45	G 11 - 12	200 Free	2:28.00	65	G 11 - 12	50 Back	37.00
46	G 13 - 14	200 Free	2:19.00	66	G 13 - 14	100 Back	1:15.00
47	B 13 - 14	200 Free	2:17.00	67	B 13 - 14	100 Back	1:13.00
48	G 15 & O	200 Free		68	G 15 & O	100 Back	
49	B 15 & O	200 Free		69	B 15 & O	100 Back	
50	G 11 - 12	200 Medley Relay		70	G 11 - 12	100 Free	1:09.00
				71	G 13 - 14	100 Free	1:04.00
				72	B 13 - 14	100 Free	1:03.00
53	G 13 & O	200 Medley Relay		73	G 15 & O	100 Free	
54	B 13 & O	200 Medley Relay		74	B 15 & O	100 Free	
55	G 11 - 12	50 Fly	36.00	75	G Open	50 Breast	
56	G 13 - 14	100 Fly	1:14.00	76	B Open	50 Breast	
57	B 13 - 14	100 Fly	1:11.00	77	G Open	50 Back	
58	G 15 & O	100 Fly		78	B Open	50 Back	
59	B 15 & O	100 Fly		79	G 13 & O	1650 Free	
60	G 11 - 12	100 Breast	1:30.00	80	B 13 & O	1650 Free	
61	G 13 - 14	200 Breast	3:00.00				
62	B 13 - 14	200 Breast	2:52.00				
63	G 15 & O	200 Breast					
64	B 15 & O	200 Breast					

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Sunday, October 12, 2008

Session Four, begins at 8:30 AM, Sunday

Event #	Age	Event	"A" QT	Event #	Age	Event	"A" QT
81	G 8 & U	100 IM	1:53.00	96	G 8 & U	50 Fly	56.00
82	B 8 & U	100 IM	1:53.00	97	B 8 & U	50 Fly	56.00
83	G 9 - 10	100 IM	1:32.00	98	G 9 - 10	100 Fly	1:46.00
84	B 9 - 10	100 IM	1:32.00	99	B 9 - 10	100 Fly	1:46.00
85	B 11 - 12	100 IM	1:20.00	100	B 11 - 12	100 Fly	1:22.00
86	G 8 & U	100 Free Relay		101	G 8 & U	25 Free	21.50
87	B 8 & U	100 Free Relay		102	B 8 & U	25 Free	21.50
88	G 9 - 10	200 Free Relay		103	G 9 - 10	50 Free	35.00
89	B 9 - 10	200 Free Relay		104	B 9 - 10	50 Free	35.00
90	B 11 - 12	200 Free Relay		105	B 11 - 12	50 Free	31.00
91	G 8 & U	25 Breast	28.50	106	G 8 & U	50 Back	56.00
92	B 8 & U	25 Breast	28.50	107	B 8 & U	50 Back	56.00
93	G 9 - 10	50 Breast	47.00	108	G 9 - 10	100 Back	1:36.00
94	B 9 - 10	50 Breast	47.00	109	B 9 - 10	100 Back	1:36.00
95	B 11 - 12	50 Breast	41.00	110	B 11 - 12	100 Back	1:22.00

Session Five, begins 1 hour after end of Session Four, Sunday

111	G 11 - 12	100 IM	1:20.00	126	G 11 - 12	100 Fly	1:22.00
112	G 13 - 14	200 IM	2:36.00	127	G 13 - 14	200 Fly	2:50.00
113	B 13 - 14	200 IM	2:32.00	128	B 13 - 14	200 Fly	2:42.00
114	G 15 & O	200 IM		129	G 15 & O	200 Fly	
115	B 15 & O	200 IM		130	B 15 & O	200 Fly	
116	G 11 - 12	200 Free Relay		131	G 11 - 12	50 Free	31.00
				132	G 13 - 14	50 Free	28.50
				133	B 13 - 14	50 Free	28.00
119	G 13 & O	200 Free Relay		134	G 15 & O	50 Free	
120	B 13 & O	200 Free Relay		135	B 15 & O	50 Free	
121	G 11 - 12	50 Breast	41.00	136	G 11 - 12	100 Back	1:22.00
122	G 13 - 14	100 Breast	1:24.00	137	G 13 - 14	200 Back	2:44.00
123	B 13 - 14	100 Breast	1:21.00	138	B 13 - 14	200 Back	2:36.00
124	G 15 & O	100 Breast		139	G 15 & O	200 Back	
125	B 15 & O	100 Breast		140	B 15 & O	200 Back	
				141	G Open	50 Fly	
				142	B Open	50 Fly	

DIRECTIONS TO THE UNIVERSITY OF IDAHO SWIM CENTER

If you are arriving from the north or the south on Highway 95, you will enter the campus from the south. Turn west onto Sweet Avenue, after two blocks the road will curve to the left, and take the second right (Nez Perce Drive) and follow the Kibbie Dome signs. After the golf course, turn right onto Rayburn Street. Go down the hill and turn right into the Swim Center parking lot.

If you are arriving from the west, turn right (south) on Perimeter Drive (first signal past the Palouse Empire Mall). Follow Perimeter Drive past the barns, the track, and the Kibbie Dome and turn left onto Rayburn Street. Go down the hill and turn right into the Swim Center parking lot.

Parking will be available in the lot next to the pool and in the lot west of the Kibbie Dome. RV parking is available at the Latah County Fairgrounds (across from Safeway and the Eastside Marketplace).

LODGING IN THE MOSCOW/PULLMAN AREA

PLEASE RESERVE YOUR ROOMS AS EARLY AS POSSIBLE. .

Palouse Inn	101 Baker, Moscow	(208) 882-5511
Super 8	175 Peterson, Moscow	(208) 883-1503
Royal Motor Inn	120 W. Sixth, Moscow	(208) 882-2581
Hillcrest Motel	706 N. Main, Moscow	(208) 882-7579
University Inn/Best Western	1516 W. Pullman Road, Moscow	(208) 882-0550
La Quinta Inn	185 Warbonnet Drive, Moscow	(208) 882-5365
American Travel Inn	S. 515 Grand, Pullman	(509) 334-3500
Cougarland Motel	W 120 Main, Pullman	(509) 334-3535
Holiday Inn Express	1190 SE Bishop, Pullman	(509) 334-4437
Hawthorn Inn	NW 928 Olsen, Pullman	(509) 332-0928
Manor Lodge Motel	SE 455 Paradise, Pullman	(509) 334-2511
Nendel's Inn	SE 915 Main, Pullman	(509) 332-2646
Quality Inn	SE 1050 Johnson, Pullman	(509) 332-0500

ENTRY FEE TABULATION

TRICK OR TREAT INVITATIONAL

October 10-12. 2008

Moscow, Idaho

OF INDIVIDUAL EVENTS _____ X \$2.25 = _____

OF RELAYS _____ X \$9.00 = _____

OF SWIMMERS (SURCHARGE) _____ X \$10.00 = _____

TOTAL ENTRY FEE
(IND. EVENTS + RELAYS + SURCHARGE) = _____

MAKE CHECKS PAYABLE TO: **Gold Medal Swim Club

TEAM NAME _____

HEAD COACH _____

CONTACT PERSON _____

PHONE NUMBER OF CONTACT PERSON _____

EMAIL ADDRESS OF CONTACT PERSON _____

MAIL TEAM ENTRY TO:

Gold Medal Swim Club

C/O ROBERT BROYLES
P.O. BOX 8957
MOSCOW, ID 83843